

18 October 2020

Welcome to your weekly
edition of Destiny Kids
Online!

Today's Lesson

Bible Story
Acts 4:23-31

Main Point
The Bible is food
for our Spirits

Memory Verse

Man cannot live
by bread alone,
but by every
word from the
mouth of God
Matthew 4:4

Stay Connected

We want to hear from you!
Let us know what you've
been up to during Destiny
Kids Online and we will show
as many videos and photos
as we can on our Facebook
page at *Destiny Edinburgh
Kids*. Send them in to
kids@destinyedinburgh.com

Get your magnifying glass out as we continue our Bible detectives series! We are investigating together why the Bible is such an exciting book. So get your Bible out, get reading and see what God wants to say to you this week! Last week we learned that the Bible is ALIVE! And this week we will see how the Bible is FOOD we live by!

Catch up live at destinyedinburgh.com/live on Sunday morning, 9.30am and don't worry if you miss it. You can catch up [here](#).

Here are ideas for after this Sunday's programme, where we will explore the story together and demonstrate the craft.

Let's Worship

Have some fun and engage as a family in a worship moment. Raise your hands, dance, close your eyes – just enjoy this time with God. Here are some songs that you might want to use:

- The B-I-B-L-E, that's the book for me (Listener Kids) [here](#)
- Be Exalted (Watoto Children's Choir) [here](#)
- My God is Powerful (Lifetree Kids) [here](#)
- Bible Book Bop (Go Fish) [here](#)

Let's Chat | Family Discussion Time

- Which Bible do you use? What do you like about it?
- If the Bible is like food, how often do you think we should read it?
- If you need a quick "spiritual treat" do you know where to look? Why not find some verses together as a family that you really love that you can go to whenever you want!

Let's Get Creative | Craft Time

Bread in a Bag

What you'll need:

3 cups of plain
flour

3 tablespoons
sugar

1.25 sachets yeast

3 tablespoons of veg or
olive oil

1 teaspoon salt

A zip up sandwich bag

A loaf tin



Let's Talk to God | Prayer Time

Dear God, thank you that the Bible is food for our Spirit. Help us to read it every day, just like we eat every day. Strengthen us through your word. Amen.